



Name: Radhika Baliga
Designation: Director
Organization: Jungheinrich Lift Truck India Pvt. Ltd
Number of years of experience: 20 years
Qualification: Chartered Accountant

Her response on the value she received from the CEO Program

It's an intense programme – not just because of the length of it but also because drew me in and keeps me fixated. I have learnt and keep learning to remain centered. This has impacted me deeply, keeps me more grounded. My assessments about people and situations provide me more awareness as I continue to be an observer. Practises are slowly turning into habits and this continues to help me navigate through life with much ease and serenity.

Her response on where she was prior to the start of the program

Broadly put, my domains of cares were blur to begin with. I hadn't articulated these to myself at all. Being blind to the most important things in my life meant that life was primarily on auto drive. Results were difficult to come by simply because priorities, energy and direction were diffused. Looking at life's challenges with an attitude of eagerness and wonder was quite nonexistent.

Her response of where she is after The CEO Program

Biggest takeaway from the programme has been 'taking ownership of my life'. I look at life through a completely new lens. So much lies within me and so little outside of me and this has worked wonders for my self-belief. I am reaching out for newer challenges, playing bigger games and expanding my capacities or rather being more aware of my already existing capacities. Having said all of this, I am living life with a sense of gratitude and wonder and making strides in new directions – leaving behind many years of conditioning.